

# **INTRODUCTION TO BOSHOFF CHIROPRACTIC CENTER**

Let me extend a warm and personal welcome to you on behalf of the doctors and staff. We want to provide you with the finest health care and we will offer you many informative and entertaining educational opportunities.

## **WHY?**

First, you will want to make informed decisions regarding your health. During the course of your care you will be presented with several choices and a great deal of information that will allow you to make informed decisions regarding your healthcare and this will affect your ability to reach your individual health objectives.

Secondly, this information will be useful in making decisions about your health for the rest of your life.

To begin the process, here are a few important terms and procedures as you begin care:

## **FIRST VISIT**

On your first visit we will gather information about you through our questionnaires, consultations, and examinations. There will be someone here to assist you in each step along the way. If you are not sure about what we need, just ask. Nothing will be done without your consent and full understanding.

## **PATIENT EDUCATION**

We will be giving you information and clinical data in the form of literature, personal and media presentations. These are designed to help you understand your own case and the procedures you will experience in this office. Everything is brief and to the point. It is recommended that you read the material and keep it together for reference during the course of your care.

## **CHIROPRACTIC EDUCATION**

Just as we need to know about you, you should know about us. Chiropractic education currently consists of four years of pre-Chiropractic college education in the biological sciences, followed by another four years of Chiropractic education and clinical internship. Then we are required to attend many hours of post-graduate education each year for license renewal. On top of this, our office is frequently involved in various seminars to keep abreast of the latest information.

## PAPERWORK AND FORMS

There are clinical forms that must be filled out accurately for your health, legal and professional reasons. We ask that you read a form through before completing it so you understand its intent. If you have questions, please feel free to ask for our assistance.

We know that paperwork is not fun... however it does allow us to ensure that you receive the best possible care.

## HEALTH ATTITUDE

Your attitude about your health is as important to us as the specific reason you have consulted our office. Below are some prevalent health attitudes. Please mark the one that most closely reflects your personal values:

↑ **Treatment only.** I only consult a doctor when I have an ache or pain and discontinue care as soon as it has cleared up.

↑ **Nutritional Care only.** I'm here only for the nutritional care.

↑ **Prevention.** In addition to symptomatic treatment, I consult specialists occasionally to prevent problems from recurring.

↑ **Maintaining Health.** I'm conscious about my health, diet, exercise, etc. and actively pursue these because I feel better, perform better and it maximizes my potential.

↑ **Family Health.** I take an active part in assisting, informing, and maintaining health, with my family. I'm concerned with the long-term affects of good health.

## THANK YOU

Once again thank you for choosing **Boshoff Chiropractic Center.** We look forward to serving your health care needs.

Welcome to our family.